



HOFFMAN
INSTITUTE
FOUNDATION

Light News

SPRING/SUMMER 2009

Discounts on
Process & Q2 Inside!

Teaching A New Way To Educate

- A Discussion with Joey Gauld,
the Visionary Founder of the Hyde School -

by Ellie Weiser

The Hyde School was founded in 1966 by Joey Gauld, a former math teacher and school administrator who was interested in providing a better preparation for life based on the belief that each student is gifted with a unique potential, supported by a curriculum of character development and college placement.

The Hyde School approach to education has continued to develop and thrive under the leadership of Joey Gauld, who completed the Hoffman Process in 2007 at age 80.

Joey, a published author, consultant and a keynote speaker, recently spoke with Hoffman's Ellie Weiser about his life's work and the Hoffman / Hyde connection.

For more information on the Hyde School, please visit www.hyde.edu.

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ELLIE: In searching for a better way to educate American youth, you founded the Hyde Schools, of which there are now five. How did your vision for the Hyde Schools come to be?

JOEY: It came from a crisis of conscience I had at a New Year's Eve party in 1962, when I realized that as a teacher I was part of an educational system that was failing kids. At first I felt like my hands were tied, but I realized that if those kids weren't my responsibility, just whose were they? After reflecting I went back to the party knowing that my life was never going to be the same.

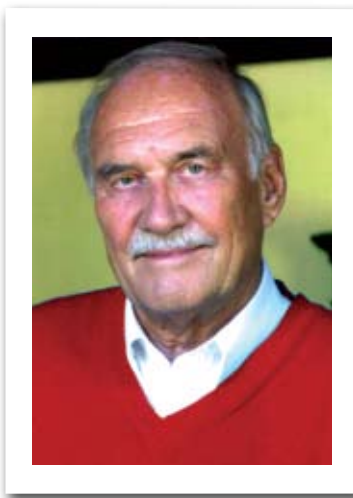
ELLIE: Changing the American educational system is an ambitious New Years resolution. Why couldn't you bring your changes to the existing system?

JOEY: After 16 years of teaching, I became a Headmaster. In my first year I realized that I was envisioning change that went beyond what the trustees of the school could accept. In order to make the kind of changes that were needed, I would have to start my own school. That's what led me to found the Hyde School.

ELLIE: How do Hyde Schools differ from traditional schools?

JOEY: Traditional schools focus on measurable academic achievement to the ex-

clusion of other important values. They focus on what a student can do, while Hyde looks at who a student is. We approach every student knowing that he or she has a unique potential, and our job is to draw that potential out. The development of character prepares kids for life, which includes further academic achievement.



Joey Gauld

ELLIE: Why do you stress character as a core value at Hyde?

JOEY: After teaching for 16 years, I knew that preparing kids for life involved much more than getting them ready for college. I felt that if you could develop character you would prepare them for life, so I picked five words: courage, integrity, concern, curiosity and leadership. I didn't know whether you could actually de-

velop those concepts in kids but I was confident that it would lead me to something that could.

ELLIE: While Hyde stresses character development above academic achievement, 98 percent of Hyde graduates go on to four-year colleges. What's the key to your success?

JOEY: We reach the deeper motivation in kids by having them address the deeper questions: 'who am I?' 'where am I going with my life?;' 'what do I need to do to get there?;' Once you find a kid's deeper motivation, then you can talk about college

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< Joey Gauld

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and other things that traditional schools introduce.

ELLIE: Hyde Schools insist on parent involvement. Like the Hoffman Process, you attribute much to a person's early life conditioning.

JOEY: That's right. Getting to the deeper level of a kid's character and unique potential is largely dependent on how well you get to the parents. Initially that was a depressing realization because I understand kids, but the parents are a different story. So, in 1974 I said to the parents "we're going to help you raise your kids," and in so doing I began to focus on two things: parental growth and family issues.

ELLIE: Your theory is similar to Bob Hoffman's.

JOEY: Well, involving Hyde parents is what ultimately led me to learn more about Hoffman because the Institute had worked more extensively with delving into childhood patterns than we had.

ELLIE: You're changing the ways families approach education, but it sounds like it's not only the educational system that's struggling, but the families themselves.

JOEY: They're intertwined. Our society has never even considered the concept of parent and family education. Family support and parent training have gotten worse and over the years, and that's where our problem lies now. That's been my primary focus since 1974, and it's been hugely rewarding. My 1962 commitment was to all kids, and our family program gives me a chance to reach some kids I missed—parents!

ELLIE: Hyde Schools recognize that we can't run schools as we did in the past; that it's a different world.

JOEY: Society has changed immensely but we're still doing education the way we did in colonial days.

ELLIE: How did you learn of the Hoffman Process?

JOEY: Someone mentioned it to me, and when I read the Negative Love Syndrome I was fascinated by what Bob Hoffman had discovered, because it was very in keeping with what I discovered in my years at Hyde.

ELLIE: What inspired you to sign up?

JOEY: My daughter Gigi attended before I did. When she came back I saw big changes in her – she learned to appreciate and love herself. In 2007 I felt that I hadn't made much of a dent in changing American education, but I saw that there

*"As Gandhi said,
'Be the change you
want to see in the
world,' so on my
80th birthday I
signed up for the
Process."*

~ Joey Gauld

were still unrecognized attitudes in me that I needed to change. As Gandhi said, "Be the change you want to see in the world." So on my 80th birthday I signed up for the Process.

ELLIE: What did you get from the Process?

JOEY: While there I was called by my childhood name, which is Joey. As an adult I've only been known as Joe, so being called Joey was jarring because Joey was a very impotent little kid. He was a dreamer that nobody listened to. The Process helped me know that I lived with attitudes of anger, impatience and frustration, which were re-triggered in my adult self because nobody listened to Joey.

ELLIE: Did you make friends with Joey through your work at the Process?

JOEY: At the end of the eight days I loved being Joey – I even insisted that every-

body at home call me Joey! I've written an autobiography about my life and about Joey, because he was the one who founded those schools. Joe was the hard driver, but the Spirit, the dreamer, is Joey.

ELLIE: How did your Process experience change your relationships with your kids?

JOEY: I have three adult children. After the Process I experienced a beautiful new depth with each. My daughter Laurie put it well: "Dad, you thought you were open before, but after the Process you were less uptight and more serene – then you really opened." That was another one of the many gifts.

ELLIE: To date more than 40 Hyde parents, faculty and teachers have completed the Process. How has this much involvement changed the Hyde Schools?

JOEY: I call the Hoffman Process "Hyde Heavy" because in a school we can't go as deep as the Process does, though I attempt to in my seminars with parents. More Hyde parents need to understand themselves at the level that Process graduates do. As more people complete the Process, communication, commitment, authenticity – everything improves.

ELLIE: This August an unprecedented event will happen – the Hoffman Process will be presented at the Hyde School in Maine.

JOEY: Yes! The Process will come to our campus in Bath, where administrators, teachers and parents from both our boarding schools and public charter schools will participate.

ELLIE: What do you hope to accomplish by bringing the Process to Hyde?

JOEY: As a person goes through the Process and deals with the Negative Love Syndrome, what we at Hyde call, "unproductive emotional dispositions," they go through a profound personal transformation. Step one is having each person transform themselves. Step two is having these teachers, administrators and parents share what they've learned and help others as they've been helped. We also plan to implement some of the

Continued on next page >

Announcing Unprecedented Discounts On The Process And Q2!

To help stimulate the economy and spread more love in the world, we've implemented a huge Summer Stimulus Savings Program. Here's the deal:

HQP

* Register for any 2009 Process at least one month before the start of the course and save \$395 off the full enrollment cost. Regular cost is \$3995; the Summer discount cost is \$3600.

Q2 Graduate Intensive

* Register for any 2009 Q2 Graduate Intensive at least one month before the start of the course and save \$130 of the full enrollment cost. Regular cost is \$1295; the discount cost is \$1,165.

Because this is a summer program, registrations must be received on or before September 1, 2009.

Take advantage of this program, and share the news with your friends and family.

Those who enroll during this promotion will receive the biggest cost savings we've ever offered!

To register, call 800/506-5253 or register on-line at <https://www.hoffmaninstitute.org/register/process.html>

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things we learn at the Process into our programs. For example, we'll give a list of attitudes to the kids and we'll have them check off their attitudes, the attitudes of their mother, and those of their father.

ELLIE: It's the start of pattern tracing.

JOEY: We want kids to know the difference between attitudes they have, and emotional dispositions. When they know the difference they'll see that something deeper happened in the home that they didn't cause, which helped shape their emotional dispositions. Kids need to understand what Bob Hoffman meant when he said "No one is to blame."

ELLIE: As of today there are two Hyde boarding schools and three Hyde charter schools. Where are they located and how do they differ?

JOEY: The charter schools are located in the inner cities of New Haven, CT, South Bronx, NY and Washington, DC. They go from grammar through high school grades and are college prepara-

tory schools. The two private boarding schools are located in Bath, Maine and Woodstock, CT. They are high schools with college prep curriculums.



Joeey Gauld with students at a Hyde Charter School.

ELLIE: With the charter schools you've essentially gone into tough inner cities to transform the way schools are run.

JOEY: A charter school is a public school that operates like an independent school. You submit a charter describing the proposed school, and if the charter is accepted by the public authority, then you open

and operate the school. It's funded the same way any public school is with the proviso that it must work. If the school's test scores aren't good, the school will be closed.

ELLIE: Are the Hyde charter schools in high-demand?

JOEY: We have to accept students by lottery because the demand is that high. Our Bronx school has a current waiting list of 400 kids. The need in inner cities for schools like ours is great.

ELLIE: Will you expand Hyde charter schools into other states?

JOEY: We're now creating a cluster of five charter schools in New York City, with classes beginning in

2010. We also expect to open a charter school in Orlando, Florida.

ELLIE: Do inner-city parents understand what the Hyde program is trying to accomplish?

JOEY: Yes! Yesterday I spoke with parents in the South Bronx. These people live in one of the poorest areas in New York City and there is a lot of dysfunc-

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100,000 Acts of Love...

10,000 Hoffman Grads Change The World!

Be the difference for yourself and others by doing these ten acts of Love:

1 **Renew Your Self-Commitment**
Revisit what you wrote in the Process, and note what has come to pass. Put on some lovely music, reflect, and journal your renewed vision.

2 **Connect with Spirit**
Connect with your Spirit-guide today, and ask for guidance about something important. Do it again tomorrow.

3 **Forgive**
Forgive yourself for something - be specific. Apologize to someone you may have hurt, and tell them how much you care.

4 **Experience Peace**
Place your hand over your heart and breathe in your Spirit and love – notice the calm.

5 **Harmonize with Nature**
Spend some quiet time in Nature. Feel the sun on your face, listen to the birds, or sit by a creek for at least 20 minutes. Breathe it in and let it enter your being.

6 **Appreciate**
Tell someone how good they are. Give them a list of all the things you appreciate about them. Children especially need to hear these things from you. Hugs are good too!

7 **Experience Abundance**
Find five things you're not using and pass them on. Give food to your local food bank. People need your help – don't hold back!

8 **Be Generous**
Write a note of gratitude to someone. Give an extra big tip. Make a philanthropic gift. Mentor a young person.

9 **Play!**
Put on some music and dance (with yourself or someone else).

10 **Love**
Who needs your unconditional Love? Give it to them.

Love is a Renewable Resource.

As you experience the effects of engaging in the “100,000 Acts of Love” please magnify your results by sharing your story with the Hoffman community on our website:

www.hoffmaninstitute.org

The Hoffman Process is a Gift of Love.

The Hoffman Institute is a non-profit organization dedicated to expanding Love in the world. You know it works. Make a difference by helping others transform their lives. Put your Love into action today by making a generous contribution to Hoffman Institute Foundation.

Please send your gift in the enclosed envelope, or donate online at:

<http://www.hoffmaninstitute.org/donate> THANK YOU!

For more information phone: 800.506.5253 x103

FEARLESS PHILANTHROPY

- Hoffman Grads Share their Joy of Giving -

Despite the current economy, we at the Hoffman Institute Foundation are incredibly grateful that, through the generosity of our graduates and friends, we surpassed our 2007 donations by 20% and exceeded our 2008

fundraising goal! Everyone at Hoffman is inspired that our community is practicing the principles of love and faith over fear, and abundance over lack. We are deeply grateful that you are committed to sustaining the transformative work of the

Process through your philanthropic gifts.

Several Hoffman graduates shared with us what inspires them to support the Hoffman Institute Foundation, **especially** in the midst of these economic times. Their stories follow.



Ted Foley - 2005 Graduate

Ted shared with us that he is grateful to have been given a lot in life, and that giving back was a big part of his spiritual upbringing. Through his charitable foundation, he supports several charities including health and education programs in third world countries.

For many years Ted studied psychology, so it is clear to him that the Hoffman

Ted Foley

Process is unique compared to other disciplines. "Most disciplines are knowledge based, but Hoffman is experience based – this is what separates Hoffman – knowledge alone doesn't change people, experience does."

"I was helped by doing the Process, and want others to be helped as well," said Ted. To date, he has sponsored 15 scholarships for Hoffman Process participants. "As much as I experienced the joy of the Process myself, I receive that much more joy by sharing it with others, and watching them come alive."



Bennett Grau – 2004 Graduate

Bennett gave his first gift for two reasons which they still hold true today:

He knows how much he received from the Process, and he wants to ensure that others have the same opportunity, and that Hoffman is available for everyone.

The bigger reason is due to his actual experience during the Process. In the final days, he felt "heaven on earth." While we all face the realities of daily life, Bennett recognizes that because of Hoffman, he experienced what is possible, and with the Process, everyone can.

Bennett and Marcy Grau (HQP Grad, 2005)

Bennett feels that Hoffman graduates have the power to transform the world – one by one. "Everyone can experience the transformative power of love and real connection to others.

And Hoffman itself is the transformer – it is the engine that can help reach a critical mass of people who understand this."

Money to Bennett is a way to fund his vision of creating more "heaven on earth". And he feels that people who can, should give -- time, money, in whatever amount – to support their vision of a better world.

While Bennett acknowledges that these are tough times, he has not significantly reduced his giving. "In this environment, people need to take care of themselves first, then they should look inside and give not from fear, but from the heart. When considering a gift, ask yourself, 'What can I do?' Look at what a difference the Process made to you. Reach into your heart and give – give others the opportunity, and be part of transforming this world. Actually, giving a gift to Hoffman is really a gift to myself."



Mary Stangler – 2008 Graduate

Money had always been a problem for me, and I wanted to change my thoughts and beliefs about it. After the Process I decided to do something new – tithing. I had heard about "Pay God First." For me the "God" was a place that nourished me spiritually, and the first place I thought of was Hoffman. During the Process I noticed that my deepest and most consistent experience was around my spirituality. I felt truly nourished spiritually, and

Mary Stangler

received more tools to get this whenever I wanted.

So I decided to tithe 10% of my gross pay to Hoffman. I'd always heard about how this enhances one's life, but I never

really believed it, nor did I feel like I could because of lack of funds. But now, every two weeks, I calculate 10% of my gross income, and put that check in the mail to Hoffman. I love doing this – it is a gift to myself and puts a smile on my face. I write out the check, give it a little kiss before sealing the envelope, find a pretty stamp, and send it off each time with love. It makes me so happy!

Hoffman was a magnificent experience for me. It is not only changing my life in significant ways, but I hear from classmates how it is changing theirs as well. If we hope to change the world in ways that will be better for all of us and for this planet, we each need to live in a spiritual, integrated way. I'm now living from my spirit and joy, rather from hardness and limits.

Interviews conducted by Gail Stanley and Kathleen Loehr

WELCOME GAIL STANLEY

Gail Stanley, a fundraiser with a proven record of success, recently joined the Hoffman Institute as its full time Director of Development.

Gail comes to the Institute with more than 16 years of fundraising experience in the non-profit sector for organizations including UC Berkeley, Haight Ashbury Free Clinics, and Flowers Heritage Foundation (serving HIV/AIDS Communities).

Her experience also includes working as an account executive at a public relations firm owned by Hoffman graduate Arielle Ford that represents high-profile non-profit organizations and best-selling personal growth authors.

While Gail has been on her own spiritual path for many years, she completed the Process in April.

“Since experiencing the power and beauty of the Process, my determination to build significant support for the Institute is stronger than ever. I look forward to working with the extraordinary Hoffman community to ensure that this transformative work is available to our world for years to come,” said Gail.

Gail may be reached at: 800.506.5253x109, or gail@hoffmaninstitute.org.



Gail Stanley

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Hoffman's GOING GREEN PICNIC is August 29th!

Save the Date!! We're gearing up for our annual summer picnic, which this year will include a loving nod to Mother Earth. Join us as we unveil our beautiful Forgiveness Garden, a lush natural sanctuary at White Sulphur Springs.

Also, stay tuned to learn how to purchase your GOING GREEN RAFFLE TICKETS! This year's prizes will include several green modes of transportation and other fun and fabulous ways to make your life more gentle on the planet.

Prizes will be raffled at the picnic (though you need not be present to win), so bring your friends and family for a day of Hoffman Fun!!

SAVE THE DATE:


Saturday 8/29/09. Noon - 4:00 PM.



Free PROCESS Intro Calls Happen Every Tuesday

Do your friends want to learn more about the Process from someone other than you? If so, tell them about our Process Intro Call, a 45-minute free chat that happens every Tuesday at 5:00 PM Pacific time.

During the call, members of our trained enrollment team and Hoffman teachers answer questions about the Process posed by people from coast to coast.

Your friends can join in the discussion or simply listen – this is an easy way for them to learn about the Process in real-time with real people! The dial-in number is 866-322-7998. When prompted for a password, enter 86157#. 




Gratitude Corner

A Big Hoffman Shout-Out to the Following Grads for their Support!!

JON LELAND. A website designer/developer, and inspiring keynote speaker, Jon delivered his keynote speech, “Winning with Ease: The Secrets of Success Without Stress,” at Stone Tree Golf Club in Novato, California in March, and donated all proceeds to the Hoffman Institute.

CHRIS MCCOOK. Chris, a General Contractor, has generously donated his skill and talent to the Hoffman community. For the past two years, Chris has led teams of volunteers in the construction of the “Forgiveness Garden” at White Sulphur Springs. Chris has been hands-on at every work-party, and his can-do leadership style inspires volunteers to create this garden-masterpiece.

CONRAD DRISCOLL. During his April 2008 Process at White Sulphur Springs, Conrad saw a sign beside a field of dirt that read, “Future Home of the Forgiveness Garden.” As a licensed Landscape Architect and a Solar Design Consultant, he volunteered to create the architectural design for the Forgiveness Garden. Conrad’s beautiful vision is now coming to fruition, with the near completion of the Forgiveness Garden. 

Q² Graduate Intensive

The Q2 Graduate Intensive is a 3-day residential course that gives you the opportunity to further discover and appreciate the deepest parts of yourself in a compassionate, loving and FUN environment.

Since your Process, it’s likely you’ve noticed stubborn old patterns that continue to hang on, or maybe you’re looking for deeper healing, at the same time you discover more about yourself. In any case, at the Q2 you’ll examine yourself and your path with renewed compassion, understanding and excitement! Prepare to be surprised!

SELECT A DATE AND LOCATION FOR YOUR NEXT Q²

- May 22-24: White Sulphur Springs, CA
- July 17-19*: White Sulphur Springs, CA (For women only*)
- Sept 25-27: White Sulphur Springs, CA
- Oct 23-25: Techny Towers Retreat, IL
- Nov 20-22: White Sulphur Springs, CA

To learn more, please visit our website (www.hoffmaninstitute.org), then click on Graduate Programs & News) or call an enrollment counselor at 800/506-5253.

*Women graduates, we’re thrilled to offer the first all-women’s Q2 in July! Many of you requested a Q2 in which you could form deep connections and feel the nurturing support of other woman graduates. This Q2 will maintain the essential, powerful nature of the Q2, and a team of female Hoffman teachers will lead it. If you feel you would benefit by doing Hoffman work in the company of other wonderful women, this is the course for you!

*“The happy heart runs with
the river, floats on the air,
lifts with the music, soars
with the eagle, hopes
with the prayer.”*

~ Maya Angelou



Graduate Teleclasses

Join Hoffman Teleclasses and Re-experience the Power of the Process

Our diverse and relevant teleclasses, lovingly facilitated by Hoffman teachers, are sure to help you reconnect with your spiritual essence. Whether you're feeling out of balance or you want to delve more deeply into a particular subject, our classes will help you accomplish both.

For a list of current Teleclasses, please go to www.hoffmaninstitute.org and click on Graduate Programs & News, Courses & Services, and Teleclasses. You may register on line, or if you prefer the human touch, please call us at 800/506-5253. Pre-registration is required for all teleclasses.

Graduate Groups and Connections

Do you wonder what graduate groups are and why you should attend?

Think back to the powerful connections you felt with your Process classmates. While it's not always practical to get together due to geographic distance, local grad groups help you stay connected to your Process and the feeling of being part of a loving community.

At local grad groups you'll use the Hoffman tools, do guided visualizations and quadrinity checks, and deepen your connection with your spiritual self within a safe, supportive roomful of other graduates.

For a list of facilitated graduate groups across the country, please visit www.hoffmaninstitute.org and click on "graduate connections" under the Graduate tab. If there's currently no grad group near you, learn about starting your own local group on our website.

Join these free Hoffman communities!
It's easy -- just RSVP and show up!

Process grads, visit our graduate website
at www.hoffmanlightnews.com
for the most up-to-date
Hoffman happenings.

Hoffman Calendar

MAY

- May 1-8 **HQP - California**
- May 1-8 **HQP - Massachusetts**
- May 5, 12, 19, 26 *Process Intro. Call 5:00 PM: 866/322-7998, password 86157#
- May 6 Graduate Teleclass, *Collaborative Relationships*
- May 7 Ceremony of Integration - CA & MA
- May 14 Graduate Teleclass, *Tools for New Grads*
- May 15-22 **HQP - California**
- May 21 Ceremony of Integration - CA
- May 22-24 **Q2 Graduate Intensive - CA**
- May 29- June 5 **HQP - California**

JUNE

- June 2, 9, 16, 23, 30 *Process Intro. Call 5:00 PM: 866/322-7998, password 86157#
- June 4 Graduate Teleclass, *Recycling Workshop*
- June 4 Ceremony of Integration - CA
- June 12-19 **HQP - California**
- June 18 Ceremony of Integration - CA
- June 19-26 **HQP - California**
- June 25 Ceremony of Integration - CA

JULY

- July 7, 14, 21, 28 *Process Intro Call 5:00 PM: 866/322-7998, password 86157#
- July 10-17 **HQP - California**
- July 15 Grad Groups & Facilitation Intro. Call 4:00 PM: 866/322-7998, password 4936161#
- July 16 Ceremony of Integration - CA
- July 17-19 **Q2 Graduate Intensive For Women - CA**
- July 24-31 **HQP - California**
- July 30 Ceremony of Integration - CA
- July 31- Aug. 7 **HQP - Massachusetts**

*Process Intro. Calls happen every Tuesday. They are a great way for your friends and family to learn about the Process. They are free and open to everyone. No registration or RSVP required. If you are a Process graduate and would like to share your experience with others, please join in!

Times listed above are Pacific Daylight Time (PDT).



< Joey Gauld

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tion in their families. When I talk with any of our parents, I tell them about the Negative Love Syndrome and I explain that no one is to blame. I say, "It's a step in the right direction for you to realize that what's happening is not something you caused or even something that your parents caused. This is something that's been passed down. This is not you." A parent said to me afterwards with tears in his eyes, "Thanks for bringing us hope."

ELLIE: What's your vision for the future?

JOEY: I will continue to bring the understanding to our society that the biggest problem we have is an abundance of ad-



Joey leading students at a Hyde Charter School

verse childhood experiences that we as a whole haven't learned to deal with. With Raz's (Raz Ingrassci, Hoffman's CEO) support, I'm writing a book that I hope will finally make our society aware of how

much of the imperfections we experience in life stem from the unaddressed negatives in our childhood -- negatives that Hoffman and Hyde are trying to address.

ELLIE: Joey, the work you do is extraordinary, and there are thousands of students and parents who've benefited from your vision all those years ago. Do you have any final words to share with the Hoffman community?

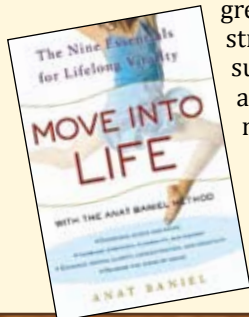
JOEY: I'm very grateful to Hoffman because it was at the Process that I learned that I was first and foremost a warm and compassionate person whose spirit was determined to create a better world for kids, and I still am! After 80 years it was Joey, the real me, who finally emerged!🌍

Graduate Book Releases

The Hoffman graduate community overflows with creativity, skill and talent. In fact, many Process grads are published authors with books on best-seller lists. We're happy to spotlight recently published books from several Process graduates. To learn more about each, follow the links below.

Move Into Life: The Nine Essentials for Lifelong Vitality, by Anat Baniel.

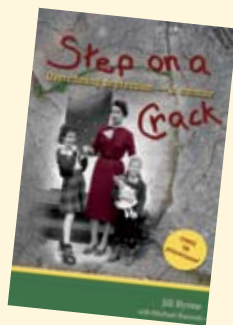
The clinical psychologist, dancer and director of the Anat Baniel Method Center combines cutting-edge neuroscience, the work of Dr. Moshe Feldenkrais, and her own Method to share practical tools that enable you to move beyond limitations and achieve greater energy, strength and success. www.anatbaniel-method.com.



Step on a Crack – Overcoming Depression – A Memoir,

by Jill Byrne with Michael Ransom.

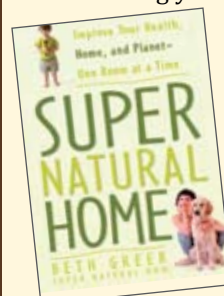
Follow Jill's astounding journey from the paralyzing darkness of her childhood, through decades of courageous attempts to find wholeness, to her ultimate healing at the Hoffman Process. www.wheatmark.com.



Super Natural Home,

by Beth Greer.

Beth had been living what she considered a healthy lifestyle when a medical crisis prompted her to reevaluate everything—from the food she ate to the personal-care products she used and her home environment. In *Super Natural Home*, Beth shows us the alarming extent of the dangerous chemicals we unwittingly expose ourselves to every day, and how to make choices that enable us to live clean in a toxic world. www.supernatural-home.com





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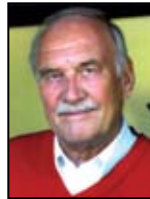
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- ⊗ Fearless Philanthropy – Grads Discuss the Joys of Giving
- ⊗ Welcome Gail Stanley
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